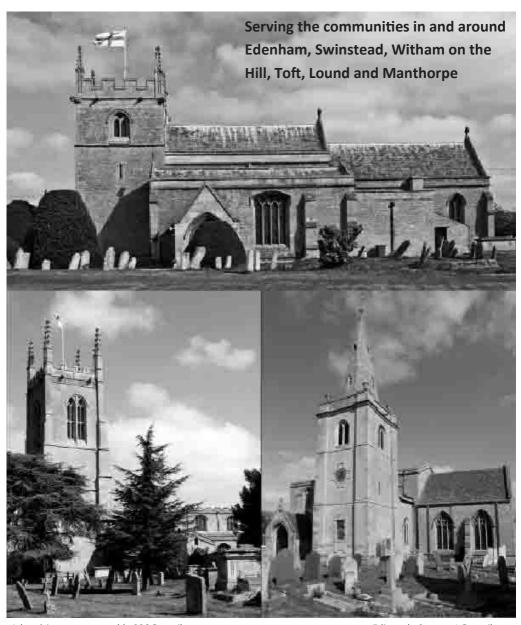
The Three Towers

March 2022



Advertising manager: nobby236@gmail.com

Editor: the3towers1@gmail.com



BOWEN FASCIAL RELEASE

Quite simply the most effective therapy for back and neck pain, headaches, frozen shoulder, digestive problems whiplash and pain management.

MSTR Scar Tissue Release

Revolutionary treatment to transform the appearance & feel of your scar tissue Effective for sports injuries micro fascia tears, trauma wounds, cellular memory scars, C Sections, plantar fasciitis and even twisted ankles. Aromatherapy, Hopi Ear Candling, Reflexology, Professional Beauty Treatments

Anne Marie Lilly

Member of Federation of Holistic Therapies www.simplybeautybourne.co.uk 01778426676 or 07854465193

Careby Garage

Motorcycle & Car MOT testing Air conditioning & tyres car servicing & repairs Stamford Road, Careby Stamford, Lines, PE9 4EA

01780 410703

T.R. CARLTON INDEPENDENT FAMILY FUNERAL DIRECTORS

Giving a complete 24 hour personal service by caring and dedicated staff

PRIVATE CHAPEL OF REST TEL Bourne: 01778 422240



TREE CARE Pruning, Felling, Dismantling, Planting

CONSULTANCY Reports, Hazard Assessment, BS5837



01780 460 111 • 07958 648 883



www.tpts.co.uk



Swinstead Village

Jubilee Celebrations Countdown

Dates for your Diary:

12th March 2022 - Village Hall
Race Night with Fish & Chips £10 p/head
Cod & Chips or Sausage & Chips, with Mushy Peas
7.30pm Doors Open
8.00pm Dinner & First Race Ticket free



Tickets to be purchased in advance via Mark @ Village Bar or via Micky 07805 659540 or Annette 07734 081926 - please let us know your food choice when buying tickets.

9th April 2022 - Village Hall

Spring Fair - Free entry - Midday till 4pm - Clothing, Bric a Brac, Crafts, Jewellery, Jams, Chutney's & Refreshments (rent a table for £5 donation)

1st May 2022 - Village Hall

Swinstead Sausage & Cider Festival - Details to Follow

2nd June 2022 - The Green Bourne Road

Jubilee Tree Planting & Beacon Lighting - Details to follow

5th June 2022

The Big Jubilee Lunch - (aka Swinstead Jubilee Street Party & Feast) Details to Follow



Parish News

BAPTISM Aubrie Emma Powell, young daughter of Laura (nee Holdup) and James Powell, at St Andrew's, Witham on the Hill, on 20 February. Welcome to our church family.

CONDOLENCES to Dennis Robinson (of West Farm Cottages, Witham on the Hill), family, friends and neighbours on the loss of Stella Robinson who passed away in December.

SWINSTEAD VILLAGE JUBILEE CELEBRATIONS - see the full-page advert for details of all events.

TOFT cum LOUND AND
MANTHORPE PARISH JUBILEE
CELEBRATIONS - Save the date! The
Jubilee working party is organising
parish functions on 3rd and 5th
June. More details to follow.



WITHAM ON THE HILL JUBILEE CELEBRATIONS - Save the date! Thursday 2 June, ceilidh in Palace Farm barn. Details to follow in due course.

CALL FOR PHOTOGRAPHS - As part of the Toft cum Lound and Manthorpe Jubilee celebrations, it is hoped to have a display of "Life in our Parish" photographs. These can be of any subject and taken at any time. Of special interest would be your older photographs showing our parish in the past. Photographs will be scanned and returned and the copies will be displayed. Please contact the editor (the3towers1@gmail.com) and he will put you in contact with Jackie Whitaker of Manthorpe who is heading up this project.

WITHAM ON THE HILL—NEW REACTIVE SPEED SIGN - In response to residents' concerns about speeding through the village, the Parish Council has purchased a reactive speed sign, currently installed opposite East Green. Different locations will be trialled and initially it will be mounted on existing lamp posts. It will be moved periodically to cover different parts of the village and it is hoped that with increased driver awareness, traffic speed will be moderated. The sign also records the speed of every vehicle that approaches it, so problem areas can be identified and additional measures considered if this is justified.

SELF ISOLATING STITCHERS - SIS (Self Isolating Stitchers) is a group of 7 local textile artists, who formed a Facebook group at the start of the March 2020 lockdown. The idea was to keep in touch, share work in progress and all things textile while it was impossible to meet. "Thought it would be good to have something where we could post what we are up to with our art and textiles whilst we have all this lovely time at home"

We are a very varied group, ranging from traditional embroiderers through to lunatic fringe with a smattering of mixed media crafting thrown in. From exhibitors through to 'not done a lot since I was at school', and another who is making it into a business.

In the summer of 2021, we all actually met! No, Mr Speaker, it was not a party, although there was cake! On a lovely sunny day in a scene like Macbeth's witches brewing cauldrons of leaves to make dyes using traditional methods the Nuns of the Bayeux Tapestry would have recognised. At some stage the idea of staging an exhibition came about.

The Exhibition will be held in the village hall In Little Bytham on Thursday 21 to Saturday 23 April, 10 am—3 pm. All are invited to come and see our work on display and what we have achieved during 2 years of stitching.

STEAM ACTION NEEDS YOU! If you live in the parish of Edenham and are approaching your 60th birthday or are already 60 please get in touch, as we wouldn't want you to miss out!

Lucie VonCarthy (Chair Person) 07715 843387 | <u>Luciejwilson@hotmail.com</u> Lynda Wilson (Deputy) 01778 591309 | <u>Lyndawilson738@gmail.com</u>

Advertising manager: nobby236@gmail.com Editor: the3towers1@gmail.com

Dates for Your Diary

Friday 12 March, 7.30pm - Swinstead Village Hall - Race Night. Across the evening there will be 10 races with bookies on hand to take your bets. Fish or sausage supper with mushy peas plus George's Bar will be open selling great beers, spirits and wines. Tickets cost £10 per head and include dinner and one free bet. Tickets can be purchased via Mark at George's Bar in the Village Hall or call Annette 01476 550186 or Micky 07805 659540 to reserve your tickets. All local villages are welcome and Swinstead would love to see some new faces to join in the fun. Giddy Up!

Saturday 2 April, 8.30am – 10.00am St Andrew's Parish Hall, Witham on the Hill, Big Brekkie. All welcome, donations to Christian Aid.

Every Thursday during Lent, starting 3 March - Lent Lunches will take place in St Andrew's Parish Hall Witham on the Hill. The morning begins with holy communion in Church at 10.15am followed by coffee and bible study in the Parish Hall at 11am. A simple lunch at noon will consist of soup, bread, cheese and fruit. All welcome to any or all of the events. Donations to Christian Aid.

Thursday 21 to Saturday 23 April, 10 am—3 pm—Little Bytham Village Hall. Embroidery and Textile Exhibition. Free - donations welcome.

WITHAM-ON-THE-HILL HISTORICAL SOCIETY - Unless otherwise stated, all meetings are held in the St Andrew's Parish Hall, Witham-on-the-Hill

21 March 2.30pm Talk - Briga (Chris Carr) **as Margaret Beaufort. Her life and connections to Bourne and the Deepings.** Please note this is an afternoon meeting. Members £2, non-members £3 on the door.

SUMMER WALK – Date to be arranged, Corby Glen Motte, Church and Village.

Monday, 28th March, 7.30pm - Next Members' Meeting. After the meeting, a social session with refreshments – bring an interesting article or topic to discuss.



PUT A NOTE IN YOUR DIARY!

We are planning to celebrate this event on 3rd and 5th June 2022

Jubilee Playing Field

Toft cum Lound and Manthorpe

Parish Council



W.H. Munton and Son

Mill Farm Butchers

A wide range of home fed and locally sourced meat, poultry and other produce

E: orders-millfarm@hotmail.co.uk T: 01778 590 263

CHIMNEY SWEEP

Certificates issued for each sweep

Open Fires Wood Burners Contact Kevin for friendly and reliable service

01572 787881 07807 390348

PAINTER & DECORATOR

WOOD RESTORATION & REPAIRS to Windows, Doors & Frames

Interior - Exterior - Paperhanging House shoes worn & clean dust sheets used Fully insured friendly service, 5 star ratings

Contact Richard - 01778 421878, 07759 250424 Or email: rrbrundell@yahoo.co.uk



on the Internet or in Haconby, south of Sleaford VIOLIN GUITAR, acoustic, electric, bass UKULELE MANDOLIN TENOR BANJO BUTTON ACCORDION

Music lessons

Pete Shaw 01778 571563 pete@peteshaw.co.uk

Learn at your own pace. to read music or chords, or by ear. Adults-Children

Lambourn Flooring & Interiors 50b North Street Bourne **PE10 9AB**

01778 422233

info@lambournflooring.co.uk www.lambournflooring.co.uk

> Carpets/Vinyls/LVTs Laminates/Blinds

Domestic & Contract Work undertaken



CLEAN AND CLEAR CHIMNEYS

www.cleanandclearchimneys.co.uk

Professionally trained clean and friendly sweep service Full brush and vacuum cleaning, also bird & nest removal Industry standard certificate of sweeping supplied

Flexible flue liners supplied & fitted

Bird guards, rain guards, caps & cowls supplied & fitted Replacement pots & minor chimney repair work

Wood burning/Multifuel stoves supplied and fitted Hetas registered installer Covered by full public liability insurance

Call Paul on Tel: 01406 702005







The Vicar Writes

I've recently revived my love of vinyl! Nothing to do with bathroom or kitchen flooring, instead I've dusted down my record collection and decided to STOP BUYING CDs ONCE AND FOR ALL. Why? The long, tall and short of it is that I no longer have a CD player in my car and most new releases are instantly available on platforms such as Spotify, Amazon Music or Deezer. I can't even burn a new CD onto my laptop and then transfer it to my phone because my laptop doesn't have a disc drive and I can't afford the space it takes on my phone – it's already clogged with photos and emails! The online revolution has left CDs with little use except perhaps as digital beermats, lampshades, or bird scarers for the garden. Just think, we used to pay £13.99 each for them but now a huge proportion are going to landfill.

But surely this leaves little room for the cumbersome vinyl record? Didn't most of us sell our old records for pennies rather than pounds or simply donate them to the local charity shop? If you did then you may be surprised to learn that some original vinyl records have shot up in price, especially those pressed in small quantities in the 1990s. Even those albums that were once considered record collection staples have increased in value. For instance, a modern vinyl re-press of Pink Floyd's 'Dark Side of the Moon' will probably set you back £20-£25 (including a free digital download), whereas an original pressing in good condition could be worth up to £70 (or more if you've still got the stickers that came with it!). Shops selling new and old records are re-opening all over the place. I recently popped up to Hull to see my daughter Jessica and we spent an afternoon taking in five different town centre record shops all within walking distance of each other (and may I heartily recommend Uptown Records at the Baytree Garden Centre near Spalding).

But isn't this all a bit nostalgic? Well, a little bit perhaps. But if I'm going to buy some new music then a record with a free download seems much

the better option now (more so if it's a limited-edition coloured vinyl). I must admit that I also prefer a wellexecuted record sleeve to the paucity of a CD inlay. Much of my later childhood and early teens was spent pouring over the fine detail of album artwork spread over the sumptuous canvas of a gatefold sleeve remember them? Above all, playing a record isn't something that you can do on-the-go. The physical act of putting on a record requires that you take time to stop and listen. You must interrupt whatever you're doing and make time for the music. You need to be disciplined about it; you can't skip, fast-forward, or rewind it (and don't forget to turn it over after twenty minutes!).

The idea of stopping what I'm doing and making time for something that flies in the face of modern expectations is increasingly attractive to me. I seem to find myself doing multiple things at once and I don't think it's changing me for the better. I can't even have a shave in the morning without reaching for my wireless ear-pods and listening to a

podcast or audiobook while I'm doing it. It's as if one, single, dedicated activity isn't enough. But choosing a record, putting it on, sitting down with the intention to sit down and listen cuts through all that. It's almost like a mini-ritual, and rituals can and do shape our lives, our character and our outlook for the better.

Which brings me neatly to my day job (you knew it was coming). More often than not we seem to view Church as something that we can just about squeeze in around the other things that matter in our lives, like family, friends, time away or even the garden. I'd like to suggest that not only should it be at the top of your list but, more than that, it is the one thing that will make you do all the other things better. Don't believe me? Well, the first thing I would say is that you need to stop. Stop everything for a moment and consider all those times when, like me, you end up doing lots of things at once but nothing properly. You tell yourself you're saving time and then any time you do save you probably whittle away in front of a screen (be it

large or small). So, having taken a step back for a moment I would then ask you to consider what among the things you do are the most enriching? Family, friends, reading, exercise, music, writing, gardening etc. Now ask yourself if any of those things couldn't be done better for you having taken part in a life-affirming ritual that gives time for critical introspection, prayer and contemplation, fellowship and a necessary tweak to the old moral compass? Would you be a less loving friend or family member for having been to Church and made your peace with God and man? Would you be worse off for having been reassured that God isn't just that witty slogan on a fridge magnet but the still, small voice inside that stirs and cajoles you to be more like the person you know that you were born and created to be?

Our priorities say a great deal. Now that Covid seems (fingers crossed) to be something we're learning to live with, we're starting to get our lives back again. The question is what will we do with them? What will our

priorities be? Do you remember when not being able to be in Church felt like the state committing daylight robbery? Do you remember how good it felt to be back again those first few Sundays and how we hungered for the Bread of Life? Well. the good news is that Church hasn't changed! So maybe now is the time to take stock and realise that we do have the time and autonomy to make decisions and commitments that cut through the mess of modern expectations. We do have the time for God and I want to say that choosing to give that time to Him makes living well (really well) even more of a priority in our lives! The Church doors aren't locked, they're very much open and I hope to see vou soon.

Fr Edward

BIRD QUIZ

- 1. An old-fashioned neck piece.
- 2. Yes, I know it's a film too.
- 3. Brilliant at clearing snow.
- 4. Large helpings if this one comes to lunch!
- 5. See this one on a lake.
- 6. A famous northerner who loves the water.
- 7. Not out of the woods yet with a well-known tongue twister.
- 8. Some are even royal residents.
- 9. A lazy bird or an opportunist?
- 10.I'm sure he's happy really.

IT Support. LITES PC Sales & Training for home & small businesses nention this 3 towers ad for 10% Service, Repairs, Design, Management, Training and Sales for... Setup & Training for: Desktop PC Web Design Laptop PC Website Admin Tablet PC eCommerce. Tablets Blogging Wireless Networks Social Media Wired Networks Backups Smart Phones Cloud Storage Smart TVs Email Help and assistance with managing your email, data and IT across multiple devices and networks.

01476 550604 / 07894 659479

www.litespc.co.uk

Answers on the inside back page

G PLEWS GARDENING SERVICES

- Hedge & bush cutting
- Mowing
- Pruning
- Bed planting & advice
- Small-medium trees felled

Offering a personal service
No job too small
RHS trained
Fully insured
Ring 01778 590579 evening
Or 07999 649824 day

info@litespc.co.uk

WALKING IN LINCOLNSHIRE

Do you remember Lockdown One when we were all out walking to make the most of our allotted time out of the confines of our homes? Below is a message from John Harris who runs the Walking in England website. Although there is nothing in our parish on the website (yet), there are some walks that may interest you.

Well, it is time to get walking again!

At this time of year we start to think about the mud drying up and getting out to walk in the beautiful English Countryside again, but where to find new and interesting walks?

Walking in Lincolnshire <u>www.walkinginengland.co.uk/lincs</u> has hundreds of walks to download and print, free, it also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John Harris, the custodian of the website, said: 'There is so much walking information on the web but it is difficult to find. Walking in Lincolnshire, part of the Walking in England website, has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

With walks from half a mile to over twelve miles, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So, home or away, check out the websites and get walking!

John Harris
www.walkinginengland.co.uk/lincs
john@walkinginengland.co.uk

Advertising manager: nobby236@gmail.com Editor: the3towers1@gmail.com

MORE PLANTING FOR THE FUTURE IN MANTHORPE

Some residents of Manthorpe were out again over the weekend of 12th and 13th February planting for the future. As you can see from the photos, the Saturday team had a much better day for it!

Saturday



Sunday





Many thanks to the teams for all their hard work, they did not do it for themselves. It is our future residents who will enjoy the fruits of their labour.



OPEN MORNING March 5th

A warm welcome awaits

Register your interest with Mrs Claire Paylor admissions@withamhall.com

WITHAM HALL.COM



PAINTER & DECORATOR

JASON KENDALL

01778 426 409



WILLS & LASTING POWERS OF ATTORNEY

I extend my full support at this difficult and challenging time (retired solicitor)

Social distancing rules observed ✓ Regulated and insured ✓ Fixed fees ✓

Since 2011 over 99.3% of clients have said they would recommend my services

01778 428748 LINCOLNSHIRE WILL COMPANY

Notes of the Toft cum Lound and Manthorpe Parish Council Meeting - 13 January 2022

Toft cum Lound & Manthorpe Parish Council met on 13th January 2022 in the St Andrew's Parish Hall, Witham on the Hill.

It was reported that residents had expressed concern about poor condition of the footpaths on the Lound Road/Toft. Requests were also received for waste bins and notices in the laybys between Toft and the Manthorpe/Witham cross-road. Residents also thanked Cllr Stephenson for all his work in organizing the new play and fitness equipment for the parish Jubilee Playing Field.

It was agreed by Councillors not to proceed at the present time with the purchase of white gates for the entrance/exit of the villages or to proceed with a community speed watch. Cllr Stephenson reported on the parish walkabout which had taken place with the new Highways Manager and C.Cllr Robert Reid. They discussed pedestrian crossing signs

for the Toft Golf Course, potholes, highway bollards on A6121 and a dropped kerb outside Stonehaven, Manthorpe plus the need to carryout engineering works to refurbish and make safe the footpath in Manthorpe. Highways work to be undertaken as priority – missing drain cover at the Manthorpe/Witham crossroad, remove end of priority sign after the bridge in Manthorpe and patch the tarmac entrance to the Toft Golf Course carpark. Cllr Stephenson also reported that there was no action to date on a Road Traffic Order on Manthorpe Road.

Councillors made no objection to the following planning applications – The Brambles, Manthorpe & 12 Fairways Toft. The following was refused by SKDC Church Hill Farm, Toft-S21/2159 & S21/1762.

It was agreed to donate £150.00 to NHS Charities Together as a result of the 2021 parish Scarecrow Festival. It was agreed that the preferred supplier for the Adult Gym equipment would be Caloo and the supplier for play equipment Wicksteed. It was agreed that the Toft defibrillator

would move to the Golf Course. It was agreed to arrange a meeting to discuss the Queen's Platinum Jubilee Celebrations to take place from 2nd June. It was reported that landowners/farmers had agreed for the Council to plant trees along their hedge lines, with a request for Oak.

D.Cllr Penny Robins reported that the district had issued ideas for the forthcoming Jubilee, she reported on the latest figures of Omicron virus in the East Midlands, hybrid meetings for councils & new funding grant for hospitality, leisure and accommodation businesses.

C.Cllr Robert Reid reported on cuts to the County Council Highways maintenance grants & reported on the Highways walkabout.

The Annual Parish Meeting will be held in the St Andrew's Parish Hall in Witham on the Hill on 3rd March at 7pm. This will be followed by the Parish Council meeting.

The Annual Parish Meeting is an occasion for electors to raise any concerns they may have. The leader of the Parish Council usually acts as

chairman. Residents may wish to discuss parish affairs, make resolutions and vote but these are not legally binding for the Council.

Fr Edward and a member of The Mallard Pass Action Group have confirmed that they will be attending the meeting. Please come along and support your own meeting.

Rosemary Trollope-Bellew Clerk to the Council

AC Garden Services

Hedge Cutting - Spring & Autumn

All Fencing

Panels:

Post and Rail - Feather Edge

Replace or repair:

Using quality locally sourced wood

Fully Insured and Licensed

.

Contact Adrian: 07989073132 01476 552053

Edenham CofE Primary School

We all know how difficult the last few years have been for everyone. So, we were really pleased to be asked to help spread a little bit of joy this year. When we were approached by a local care home to create Valentine's Day card



for their staff, we jumped at the chance. Our children loved the opportunity to let people within our community know how valued they are. This then inspired our children to go further and create Valentine's Day cards for other people within our immediate community. Members of our School



Council then had the job of going out and about to post them.

If you want to see what else we get up to, visit our website www.edenham.lincs.sch.uk or follow our twitter page @edenhamcofe where you will also be able to find all our class twitter pages.

THRIVE

CHIROPRACTIC

We offer
expert help
for the following:

headaches neck pain shoulder pain back pain sciatica hip pain knee pain poor posture

We have developed a unique, gentle technique system that offers great results for our patients.

So if you've tried care elsewhere and it hasn't worked, then please get in touch to experience our unique approach for a unique you.

1 St Peter's Road, Bourne, Lincolnshire. PE10 9NF

Tel: 01778 309 811 www.thrivechiro.life

Do you need the support of a Carer/Home help?

Experienced NVQ qualified carer available for work including short term live-in DBS checked, excellent references Liability Care insurance

Contact: Debbie

Tel: 01780 481356 Mobile: 07716 719329 Email: debswelton@yahoo.com



wedding breakfast - vintage teas



barbecues - cocktail parties - picnics



With over 22 years of experience, Jeeves Catering create fantastic canapés, dinners and buffets to suit your requirements as well as design and organise beautiful weddings, corporate events and private parties.

Our dedicated, highly skilled team will deliver a first-class service and our chefs are passionate about using the best produce and top quality seasonal ingredients which are locally sourced.

At Jeeves we offer a personal touch for every occasion. Our menus can be found online for ideas and inspiration for your special day including barbecues, vintage afternoon tea and picnics.

Please contact Susan at Jeeves or view our menus & prices online

01778 349 512 • info@jeevescatering.com

K GOLDSMITH PAINTER AND DECORATOR

All aspects of interior and exterior painting for the home and business

NO JOB TOO BIG OR SMALL

Free no obligation quotes. Fully insured & registered.
References/Testimonials available



www.kgpainting.co.uk

WITHAM ON THE HILL WI

The annual meeting business was soon dealt with and Elaine Brock was re-elected as President. During the tea break, members had a good chat and had a go at making hessian green hearts, supervised by Jane Wilmot and Wendy Wooldridge.

At the next meeting in the Parish Hall on Tuesday 1 March at 7.30pm the speaker will be Mike Smith on Rhythmic Poetry. Visitors and new members always most welcome. For more information on the WI contact Secretary: Jane Clark tel 01778 590232.

WI SPEAKERS PROGRAMME 2022

April: 50 Shades of Denim, Lorraine Appleton

May: Ikebana, Patricia Yates

June: Singer, Jennifer Louise Brown

July: Transformation of St Pancras, Nigel Lowey

August: Summer games and supper **September:** In house craft evening

October: Bletchley Park, Keith Appleyard

November: From Chiropody to Forensic Science, Carl Denton

December: Christmas party







SECOND TO NONE PEST CONTROL

RATS MICE MOLES WASPS BEES SQUIRRELS FLEAS FAST EFFICIENT AND FRIENDLY
FOR FREE QUOTES AND CONSULTATIONS
MATTHEW AVISON
01778 369192 07880558687

stnpestcontrol@gmail.com

ANTS
PIGEONS
MOTHS
WOODWORM
FOX CONTROL
BIRDPROOFING
BEDBUGS

Advertising manager: nobby236@gmail.com

Editor: the3towers1@gmail.com



Electricians Domestic · Commercial · Aeritage

"Very professional, polite, courteous, excellent service"

- NICEIC Registered
- Insured to £10M
- Qualified and Experienced
- · Friendly and Professional
- Reasonably Priced Service
- 100% Satisfaction Guaranteed
- · Free Surveys and Quotes
- Part P Compliant

- Electrical Reports
- Additions and Alterations
- Full or Partial Rewires
- "PAT" Testing
- Appliance Repair
- Garden Lighting
- · Shed Power
- Electric Heating

www.AltoElectrical.co.uk

Keep this number handy You never know when you may need it

Call 01778 772595





Spring & Summer, Autumn & Winter Treatments for your lawn at a price that doesen't cost the earth.

FOR A FREE QUOTATION CALL US ON:

07734 693253



- Weed and moss control
- Scarification
- Hollowtine aeration
- Fertilisation

Your local professional lawn treatment service.

Andrew Carr

T: 07734 693253 E: andy@customlawncare.co.uk Stamford Lincolnshire

www.customlawncare.co.uk |

The 2022 season at the Willoughby Gallery will open with two exhibitions on Wednesday 23 March.

Regeneration—Art on the Map





Art on the Map is an exhibiting group of artists and craft workers whose studios stretch across Lincolnshire. As well as paintings in different media there will be hand blown and kiln formed glass, felt work and stone carving.

Lockdown Artists





The Lockdown artists group originally formed via Zoom with the intention of producing paintings to auction in support of front line workers.

Both exhibitions run until Wednesday 13 April

Willoughby Memorial Trust Gallery

Moreley's Lane, Corby Glen, NG33 4NL 12 – 5 pm. Tuesday – Sunday ADMISSION FREE

www.willoughbygallery.com

107 years ago this month

(From entries made by the Rev L H Cooley into the Parish Magazine—reproduced by kind permission of The Witham on the Hill Historical Society)

March 1915

Volunteer Training Corps - A well attended meeting in support of this movement was held in the school, on the 15th February, and the first drill took place on the following Saturday. About 24 men signified their willingness to join. When the movement is better understood and appreciated, we hope that further numbers will come forward. It has certainly "taken on" in the country, and already numbers something approaching a million men. Volunteers must be outside the age for regular military service, that is under 19 or over 38, except in the case of those who have good and sufficient reasons for not joining the colours. The question of uniform and equipment need not deter any from joining, as the provision of these will be considered later. The main thing is for the greatest possible number of men to learn the rudiments of drill and musketry, so as to be of some service in defence of their homes and country in the event of invasion by the enemy, and not suffer the ignominy of being sent to a place of safety with the women and children as helpless non-combatants. The movement should also serve as a powerful incentive to recruiting, for the veriest "shirker" must feel some compunction as he sees the "old guard" turning out

to "do their bit" while he stands idly by.

V.T.C. Uniform - The War Office has sanctioned a special uniform for the corps of green-grey rainproof drill, light and inexpensive, loose enough to be worn over civilian clothing, with a board brassard or armlet.



With the Colours. - The following names must be added to our Parish list of men on service - Harold Pell, Suffolk Regiment, Amos Buswell, Lincoln Regiment, William Archer, Motor Transport, Arthur Francis, R.A.M.C. (Royal Army Medical Corps).

Eggs for the Wounded. - In four weeks we have been enabled to send over 130 eggs for the use of our wounded soldiers in hospital. Now that they are becoming less scarce, perhaps other poultry keepers will send a few each Thursday to the Vicarage for this object. All eggs sent will be gratefully acknowledged.

Lent. - On the 1st Sunday in Lent the Bishop's Pastoral Letter was read. It certainly contained subject for much reflection, and was specially marked by vigorous advice on the question of Lenten self-denial. The ecclesiastical rule of abstinence from flesh meat however has been relaxed this Lent, owing to the war. We would especially plead for the support of the "Waifs and Strays" Society, whose needs owing to the war are more than usually urgent. Will you, dear reader, take a self-denial box or give a donation, however small, in support of this most deserving charity?

Evening Relaxation Classes

Bookings are now being taken for these highly effective group sessions which are scientifically proven to help to reduce Anxiety, Stress, Low Mood, Insomnia and much more, this 6-week course will help develop within you a sense of relaxation, calmness and over all wellbeing

Starting weekly on Wednesday 2nd March 2022 at 7pm, Parish Hall ~Witham on the Hill ~£30 for the whole 6~week programme

Spaces are limited so to book or for more information, call or message Lisa on 07533291371 OR email <u>lisalord@hellomindltd.com</u> OR find me on Facebook @lisalordhellomind

Advertising manager: nobby236@gmail.com Editor: the3towers1@gmail.com

Lisa Lord Hypnotherapist & Advanced IEMT Practitioner

Offering a variety of services tailored to your individual needs.

~ IEMT ~

Using this amazing quick-change therapy, often where the person is "stuck in their past" carrying guilt, shame, trauma and blame amongst many other unhelpful, unwanted feelings and emotions that are not serving you, these can be rapidly eased this reduces anxiety and aids sleep.

~ Solution Focused Hypnotherapy ~

This is a highly effective therapy, using practical, modern, professionally researched, and recognised strategies, giving you the know how on how the brain works and how we suffer as we do, it has various benefits, including reducing anxiety, aiding sleep and supports you the client to make subtle, positive changes in life over a relatively short period of time.

~ Reiki ~

Reiki provides relief from everyday stresses, aches, and pains, releasing negative energy blockages in the body's natural flow, all of these can manifest as depression, anxiety, panic, worry, anger, frustration, and muscular tension. Reiki is a wonderfully relaxing, gentle healing therapy allowing your body to relax and mind to clear.

Based in Witham on The Hill "Helping You to Live Your Best Life Call or email for more information or to book your free initial consultation. 07533291371 OR email lisalord@hellomindltd.com



SELF CONTAINED STUDIO FLAT IN MANTHORPE

GOOD SIZED PRIVATE & SELF CONTAINED 1ST FLOOR ACCOMODATION SEPARATE FROM MAIN HOUSE.

WELL FURNISHED FOR SHORT OR LONG BREAKS, BUSINESS OR PLEASURE
WELL EQUIPPED KITCHENETTE, MODERN EN-SUITE SHOWER ROOM
VERY QUIET LOCATION, WITH LOVELY VIEWS
PLENTY OF PARKING, HIGH SPEED WI-FI

PLEASE CALL LIZ FOR DETAILS; 01778 590805

Email; liztoseland@hotmail.com

www.glenhousebedandbreakfast.co.uk

Jane's Seasonal Recipe

A good wholesome winter soup.

Curried leek and potato soup

- 3 leeks
- 1kg potatoes
- 2 tablespoon oil
- 1 teaspoon cumin seeds
- 2 teaspoons garam masala
- 1 teaspoon turmeric
- 1 litre veg stock
- 400ml coconut milk or cream

Thinly slice leeks, fry in oil over medium heat for about 5mins until slightly softened but not brown. Stir in spices and cook for 2 mins. Add peeled chopped potatoes and stock, bring to boil, turn down heat and simmer for 30 mins until potatoes are cooked. Stir in coconut milk and cook for 3 mins. Puree with a stick blender until smooth. Serve garnished with a dollop of crème fraiche.

SERVES 4

Answers to the Bird Quiz

- 1. Ruff. 2. Goldeneye (Duck). 3. Shoveler (Duck). 4. Gannet. 5. Swan.
- 6. Great Northern Diver 7. Woodpecker. 8. Raven. 9. Cuckoo. 10. Grouse.

Advertising manager: nobby236@gmail.com Editor: the3towers1@gmail.com

PARISH SERVICES FOR MARCH 2022

	ı	1	
	Swinstead	Witham	Edenham
2 nd March		7pm Sung Eucharist	10.30am Said Eucharist
Ash Wednesday		with Imposition of	with Imposition of
		Ashes	Ashes
6 th March		10am Parish	11.15am Parish
Lent 1		Eucharist	Eucharist
			4pm Evensong
			(Stable Chapel)
13 th March	8.45am Parish	10am Parish	11.15am Parish
Lent 2	Eucharist	Eucharist	Eucharist
	6pm Evensong		
20 th March		10am Parish	11.15am Parish
Lent 3		Eucharist	Eucharist
			4pm Evensong
			(Stable Chapel)
27 th March		10am All-age	11.15am Parish
Lent 4		Eucharist	Eucharist
Mothering Sunday			4pm Evensong
			(Stable Chapel)
3 rd April		10am Parish	11.15am Parish
Lent 5		Eucharist	Eucharist
			6pm Evensong
			(Castle Bytham)
I			

For Baptisms, Weddings, Banns of Marriage, Confessions or any other pastoral or spiritual need contact:

 $\label{thm:condition} \textit{Vicar: The Revd Fr Edward Martin SSC 01778 591358} \ - \underline{\textit{Edward.Martin@lincoln.anglican.org}}$

Associate Priest: The Revd Fr Peter Lister SSC 01778 423730 - pwr.lister@btinternet.com

Licensed Reader: Mrs Heather Lee 01778 591338 - beltislobelle@btinternet.com